



CITY FRESH FOODS

June 2010

School Lunch Menu served with 8oz Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	1 All Beef Hot Dog Sweet Potato Chips Sunshine Broccoli Ketchup Fresh Fruit du Jour Hot Dog Bun	2 Oven Roasted Fresh Turkey w/Gravy Stuffing Happy Carrots Fresh Fruit	3 Jamaican Beef Patty Rice and Black Beans Smiling Green Peas Chilled Peaches	4 Baked Ziti Califorina Blend Vegetables Fresh Fruit Wheat Roll
7 Fresh Baked Zesty Orange Chicken Mashed Potatoes Magic Mixed Vegetables Fresh Fruit Wheat Roll	8 BBQ Meatballs Yellow Rice Bouncing Green Beans Fresh Fruit Wheat Bread	9 Fresh Baked Parmesan Chicken Pasta du Jour Sunshine Broccoli Fresh Fruit Wheat Bread	10 Vegetarian Hot Pocket Rice & Peas Crazy Corn Fresh Fruit du Jour	11 Cheese Pizza Warm Applesauce Italian Blend Vegetables
14 BBQ Riblet Sandwich Red Beans and Rice Sliced Carrots Fresh Fruit du Jour Hamburger Bun	15 Breaded Chicken Tenders Whipped Fresh Potatoes Magic Mixed Vegetables BBQ Dipping Sauce Chilled Pineapples	16 Pasta & Meatballs w/Marinara Sauce Smiling Green Peas Fresh Fruit du Jour Dinner Roll	17 All Beef Hamburger Multi-Grain Chips Sunshine Broccoli Hamburger Bun Ketchup Fresh Fruit	18 Homestyle Baked Chicken (Bone In) Vegetable Rice Bouncing Green Beans Fresh Fruit Wheat Bread
21 BBQ Meatballs Smashed Red Bliss Potatoes Cool Cauliflower Wheat Roll Fresh Fruit	22 Fresh Sweet and Sour Chicken White Rice Fresh Zuchinni Chilled Pineapples Wheat Bread	23 Baked Cheese Lasagna w/Marinara Sauce Steamed Carrots Wheat Roll Fresh Fruit	24 All Beef Hot Dog Chefs Baked Beans Smiling Green Peas Fresh Fruit du Jour Ketchup Hot Dog Bun	25 Cheese Pizza Sweet Potato Chips Califorina Blend Vegetables Fresh Fruit
28 General TSO Chicken White Rice Smiling Green Peas Fresh Fruit du Jour	29 Grilled Chicken Salad w/ Dressing Fresh Fruit Wheat Roll	30 Pasta & Meatballs w/Marinara Sauce Bouncing Green Beans Chilled Pineapples Wheat Roll		

05/13/2010 PO BOX 255698 Dorchester, MA 02125 Phone: 617-606-7123 Fax: 617-606-7125 Menu is subject to change.

A Choice of 1%, 2%, Skim, Whole, Lowfat Chocolate or Low Fat Strawberry Milk
City Fresh Foods now Offers Salads To Go - Follow us on Twitter @cityfreshfoods

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Approved