



**CITY FRESH FOODS**

May 2010

School Lunch Menu served with 8oz Milk

Monday	Tuesday	Wednesday	Thursday	Friday
3 Jamaican Beef Patty Red Beans & Rice Sliced Carrots Mandarin Oranges	4 Breaded Chicken Tenders Whipped Potatoes Magic Mixed Vegetables BBQ Dipping Sauce Fresh Fruit	5 Pasta & Meatballs w/Marinara Sauce Smiling Green Peas Chilled Pineapples Multi-Grain Roll	6 All Beef Hamburger Seasoned Potato Wedges Apple Sauce Ketchup Hamburger Bun	7 Cheese Pizza Seasoned Yellow Rice Bouncing Green Beans Fresh Fruit du Jour
10 BBQ Meatballs Mashed Potatoes Crazy Corn Wheat Bread	11 All White Meat Chicken Bites Paella Rice Fresh Zucchini Fresh Fruit du Jour Ranch Dressing	12 Baked Cheese Lasagna w/Marinara Sauce Steamed Carrots Chilled Pineapples Wheat Roll	13 All Beef Hot Dog Chef's Baked Beans Smiling Green Peas Fresh Fruit du Jour Hot Dog Bun Ketchup	14 Cheese Pizza Seasoned Diced Potatoes Normandy Vegetables Ketchup Fresh Fruit du Jour
17 General Tso Chicken White Rice Smiling Green Peas Fresh Fruit du Jour	18 Jamaican Beef Patty Rice & Beans Steamed Carrots Mixed Fruit Cocktail	19 Pasta & Meatballs w/Marinara Sauce Bouncing Green Beans Chilled Pineapples	20 Zesty Orange Chicken Mashed Potatoes Magic Mixed Vegetables Fresh Fruit du Jour	21 Cheese Pizza Sunshine Broccoli Crazy Corn Chilled Pineapple
24 New Mac & Cheese Bouncing Green Beans Chilled Pears Wheat Roll	25 All Beef Hamburger Seasoned Diced Potatoes Happy Carrots Ketchup Hamburger Bun Fresh Fruit	26 American Chop Suey Fresh Zucchini Fresh Fruit Multi-Grain Roll	27 Chicken Tenders Veggie Rice Crazy Corn Chilled Peaches Honey Mustard Dipping Sauce	28 Cheese Pizza Seasoned Potato Wedges Sunshine Broccoli Apple Sauce
31 White Meat Chicken Bites Paella Rice Bouncing Green Beans Fresh Fruit du Jour Sweet & Sour Dipping				

PO Box 255698 Dorchester, MA 02125 Phone 617-606-7123 Fax 617-606-7125 Menu is subject to change

A choice of 1%, 2%, Skim, Whole, Lowfat Chocolate or Lowfat Strawberry Milk

City Fresh Foods now offers Salads To Go - Follow us on Twitter @cityfreshfoods