



**CITY FRESH FOODS**

**June 2010  
Breakfast Menu served with 8oz Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Grain Apple Cinnamon Muffin Keebler Graham Crackers Juicy Juice 100% Juice	2 Mini-Breakfast Cornbread Loaf Fresh Fruit du Jour	3 Croissant w/Jelly Juicy Juice 100% Juice	4 Cinnamon Toasters Cereal Bowl Fresh Fruit of the Day
7 Pancakes w/Syrup Fresh Fruit du Jour	8 Honey Wheat Multi-Grain Bagel w/Cream Cheese Juicy Juice 100% Juice	9 Whole Grain Apple Cinnamon Muffin Fresh Fruit du Jour	10 Croissant w/Jelly Juicy Juice 100% Juice	11 Whole Grain Blueberry Muffin Fresh Fruit du Jour
14 Whole Wheat Waffles w/Syrup Fresh Fruit of the Day	15 Raisin Bran Cereal Bowl Juicy Juice 100% Juice	16 4 oz. Low Fat Yogurt Cup Keebler Graham Crackers Fresh Fruit of the Day	17 Croissant w/Promise Vegetable Spread Juicy Juice 100% Juice	18 Mini Breakfast Blueberry Loaf Fresh Fruit du Jour
21 Raisin Bran Cereal Bowl Fresh Fruit of the Day	22 Honey Wheat Multi-Grain Bagel w/Cream Cheese Juicy Juice 100% Juice	23 4 oz. Low Fat Yogurt Cup Keebler Graham Crackers Fresh Fruit of the Day	24 Whole Wheat Waffles w/Syrup Juicy Juice 100% Juice	25 Whole Grain Apple Cinnamon Muffin Fresh Fruit du Jour
28 Cinnamon Toasters Cereal Bowl Fresh Fruit of the Day	29 Whole Grain Cinnamon Raisin Bagel w/Cream Cheese Juicy Juice 100% Juice	30 4 oz. Low Fat Yogurt Cup Fresh Fruit du Jour Keebler Graham Crackers		

05/13/2010 PO BOX 255698 Dorchester, MA 02125 Phone: 617-606-7123 Fax: 617-606-7125 Menu is subject to change.  
A Choice of 1%, 2%, Skim, Whole, Lowfat Chocolate or Low Fat Strawberry Milk  
City Fresh Foods now Offers Salads To Go - Follow us on Twitter @cityfreshfoods

*[Handwritten Signature]*  
Approval